

**IMPORTANT!**

Snell or ANSI approved helmets mandatory for all racers. Aerobars welcome. Ages 14 & up.

Course:

20.2 mile road course with flat to rolling terrain. Several moderate climbs. (Mostly large chain ring.) Professionally timed by Runners High.

Prize Categories:

1st and 2nd Overall Male  
1st and 2nd Overall Female  
1st Overall in the following:  
1.) 14-19. 2.) 20-29. 3.) 30-39  
4.) 40-49. 5.) 50-59. 6.) 60 & Up.

**ALL PRE-REGISTERED RACERS WILL RECEIVE A RACE T-SHIRT!**

-Door Prizes.  
-Refreshments/snacks after the race.

Registration:

Pre-registration is preferred.  
Race Day registration is 1:30-3:00

State Route 36 (Allegheny Blvd.)  
(across from KFC)

Pre-registration fee is \$18 (if received on or before 6/12/09)  
Race-day fee is \$20

**Checks payable to: Brookville YMCA**



Summer Heat Time Trial  
The Heat is ON!

Brookville YMCA  
125 Main Street  
Brookville, PA 15825

Phone: 814-849-7355

# Summer Heat Time Trial

**Brookville YMCA**  
**Summer Heat**  
**Time Trial**

**Sponsored By:**  
**Miller Welding**



**Date: 06/19/2010**  
**3:30 Start Time**

Brookville, PA  
Start/Finish @ Miller  
Welding  
Allegheny Blvd.

**S u m m e r H e a t W a i v e r :**

I understand the description of these risks is not complete and that other unknown or unanticipated risks may result in injury, illness, or death. \_\_\_\_\_(initial.)  
EXPRESS ASSUMPTION OF RISK AND RESPONSIBILITY: In recognition of the inherent risks of the activity which I and/or my children for which I am responsible, will engage in, I confirm that I am/we are physically and mentally capable of participating in the activity and/or using equipment. I/we participate willingly and voluntarily and I assume responsibility for damages to or loss of my/our personal property. I also assume risk for accidents or injury caused during the race. I agree to follow all race rules. I assume the risk(s) or personal injury, accidents and/or illness, including but not limited to wounds, scrapes, abrasions and/or contusions, oxygen shortage, head, neck, and/or spinal injuries, shock, paralysis, and/or death.

COVENANT OF GOOD FAITH: I recognize that you, as provider of services, will operate under a covenant of good faith and fair dealing, but that you may find it necessary to refuse or terminate, the participation of any person you judge to be incapable of meeting the rigors or requirements of any activity. I accept your right to take such actions for the safety of myself and/or other participants.

AUTHORIZATION: I hereby authorize any medical treatment deemed necessary in the event of any injury or illness while participating in the activity. I either have appropriate insurance or, in its absence, agree to pay all costs of rescue and/or medical services as may be incurred on my/our behalf. I agree that any film or photographs of me/us, as participants, become property and may be used for promotional or commercial purposes.

RELEASE: In consideration of services provided, I, for myself and my children for whom I am parent, legal guardian or otherwise responsible, any heirs, personal representatives or assigns, due hereby release: Brookville YMCA, its principals, directors, officers, agents, employees, and volunteers, from all liability and waive any claim for damage arising from any cause whatsoever (except that which is result of gross negligence).

**I have read and understood the forgoing acknowledgment of risks, assumption and responsibility, and release of liability. I understand that by signing this form I may be waiving valuable legal rights.**

PARTICIPANTS NAME (PRINTED): \_\_\_\_\_

AGE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_/\_\_\_/\_\_\_ PHONE:(\_\_\_\_) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ IF PARTICIPANT IS UNDER 18, THE PARENT OR LEGAL GUARDIAN MUST ALSO

SIGN: X \_\_\_\_\_

**SUMMER HEAT TIME TRIAL ENTRY FORM:**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE:**(\_\_\_\_) \_\_\_\_\_ **M/F:** \_\_\_\_\_

**SHIRT SIZE** \_\_\_\_\_

**Please indicate the age class that you will be competing in:**

**14-19** \_\_\_\_\_ **20-29** \_\_\_\_\_ **30-39** \_\_\_\_\_ **40-49** \_\_\_\_\_

**50-59** \_\_\_\_\_ **60 & Up** \_\_\_\_\_

**Please detach and mail SUMMER HEAT TIME TRIAL WAIVER (on left) AND ENTRY FORM along with entry fee to:**

**Brookville YMCA 125  
Main Street Brookville,  
PA 15825**

**Questions??**

**Call (814)849-7355**

**Directions to Miller Welding (Start/Finish)**

**From North:**  
Follow State Rte 36 south to Brookville. Enter Brookville Borough (Allegheny Blvd.) Miller Welding is on right (Across from KFC, watch for signs.)

**From South:**  
Follow State Rte 28 North to Brookville. Go straight onto State Rt. 36 N. Go through (4) lights (Allegheny Blvd.) Miller Welding is on left. (Across from KFC, watch for signs.)

**From East:**  
Follow State Rte 322 West to Brookville. Turn right onto State Rte 36 N. Go through (4) lights (Allegheny Blvd.) Miller Welding is on left. (Across from KFC, watch for signs.) **(From Interstate 80 Westbound):** Get off at Exit 78. Turn RIGHT at bottom of ramp. Miller Welding is approx. 100 yards on the left. (Across from KFC)

**From West:**  
Follow State Rte 322 East to Brookville. Turn left onto State Rte 36 N. Go through (4) lights (Allegheny Blvd.) Miller Welding is on left. (Across from KFC, watch for signs.) **(From Interstate 80 Eastbound):** Get off at Exit 78. Turn LEFT at bottom of ramp. Miller Welding is approx. 100 yards on the left. (Across from KFC)



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